ACBH Presents: Black Mental Health Stigma: Tools & Strategies for Engaging Black Communities in Healing





Over the last decade, **Yolo Akili Robinson** has worked in the public health field as a counselor, curriculum developer, facilitator, and a trainer. In 2016, Robinson launched BEAM (The Black Emotional and Mental Health Collective), a non-profit 501(c)(3) organization with the mission of eliminating ethnic, racial, and socioeconomic disparities in access to mental healthcare.

Friday, February 28, 2020 ♦ 9:00 AM – 4:00 PM ♦ ACBH 2000 Embarcadero, Ste 400 ♦ Oakland, CA 94606 ♦ Gail Steele Room ♦

Description: In this training, participants will review the historical roots of stigma in Black communities and learn strategies and tools to reframe mental health, connect black communities to care, and reimagine healing and wellness within a healing justice framework.

By the end of this training, participants will have increased their capacity to:

- Name and identify common symptomology and framing of mental health challenges in Black communities.
- Challenge and provide accurate information on common myths on medication, psychology and mental health in Black communities.
- Apply a healing justice framework to their approach to mental health in Black communities.



Lunch will be provided for this event

Please self-register at: http://alameda.netkeepers.com

For REGISTRATION contact and other information: Office of Ethnic Services, Javarré Wilson Email: OfficeofEthnicServices@acgov.org, PH: (510) 777-2118

CEU information: This course meets the qualifications for <u>5.5</u>

hours of continuing education credit for **RN**s by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0620; for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; ACBHCS is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content.





For reasonable accommodation requests, or a grievance regarding an ACBH training, please email the Training Contact listed on this flyer. Training presented by ONTRACK Program Resources, with funding from Alameda County Behavioral Health